



THERAPIES & SERVICES	OPTIONS	\$ FEES \$
Acupuncture & Traditional Chinese Medicine	<ul style="list-style-type: none"> ➤ Consultation: Initial visit (<60 minutes) ➤ Extended treatment (<45 minutes) ➤ Base treatment (<30 minutes) 	110 90 60
Cannabis Consultation	<ul style="list-style-type: none"> ➤ Initial consult (45 minutes) ➤ Follow up consults (15 or 30 minutes) 	210 85, 145
Comprehensive Meal Planning (Requires consult with ND or NP)	<ul style="list-style-type: none"> ➤ Full rotational 2 week plan ➤ 1 week meal additional plan ➤ 3 day calorie restriction diet 	300 160 80
Craniosacral Therapy	<ul style="list-style-type: none"> ➤ Single sessions (30, 45, 60, 75, 90 min) 	80, 95, 115, 145, 175
Functional Medicine with MD (NOT covered by OHIP)	<ul style="list-style-type: none"> ➤ Ontario Patients (15, 30, 45, 60 min) ➤ Out of Ontario Patients (15, 30, 45, 60 min) 	75, 150, 225, 300 90, 180, 270, 360
Grief & Death Counselling	<ul style="list-style-type: none"> ➤ Single or family session (30, 45, 60 min) 	100, 150, 190
Hypnotherapy, Visualization & Life Coaching	<ul style="list-style-type: none"> ➤ Extended session (90 min) ➤ Initial and follow up sessions (60 min) 	150 110
Integrative Nurse Practitioner (Functional Medicine & IV consultations)	<ul style="list-style-type: none"> ➤ Single sessions <ul style="list-style-type: none"> – 15, 30 and 45 mins – 60, 75 or 90 mins 	85, 145, 210 265, 310, 350
IV Therapies IV therapies all require a prescription from our NP or MD – Ports + \$15 – Grippers + \$30	<ul style="list-style-type: none"> ➤ ALA & DCA (dose dependent) ➤ Artesunate (dose dependent) ➤ Curcumin (dose dependent) ➤ IV Vitamin C (dose dependent) ➤ Mistletoe (dose dependent) ➤ Myers Cocktail 	180 - 220 180 - 210 190 - 300 155 - 225 156 - 289 210
Naturopathic Medicine & Nutritional Counseling	<ul style="list-style-type: none"> ➤ Cancer patient initial (85 min) ➤ General medicine initial (70 min) ➤ Follow up consults (15, 25, 40, 55 min) 	325 270 70, 110, 165, 210
Personal Training	<ul style="list-style-type: none"> ➤ Single sessions (30, 45 or 60 min) ➤ Monthly training support package 	70, 90, 110 150
Physiotherapy & Lymphatic Therapy	<ul style="list-style-type: none"> ➤ Initial assessment (up to 75 min) ➤ Single sessions (45, 60 or 90 min) 	160 115, 150 or 190
Primary Care (with NP) & Sexual Health	<ul style="list-style-type: none"> ➤ Consults (30, 45, 60, 75, 90 min) ➤ In person blood draw and lab assessment 	145, 210, 265, 310, 350 95
Psychotherapy	<ul style="list-style-type: none"> ➤ Single or family sessions (30, 45, 60 min) 	100, 150, 190
Reflexology (feet and hands)	<ul style="list-style-type: none"> ➤ Single sessions (30, 45, 60, 75, 90 min) 	80, 95, 115, 140, 170
Registered Massage Therapy	<ul style="list-style-type: none"> ➤ Single sessions (30, 45, 60, 75, 90 min) 	80, 95, 110, 135, 160
Thai Massage	<ul style="list-style-type: none"> ➤ Single sessions (60, 90 min) 	90, 125
Yoga Therapy	<ul style="list-style-type: none"> ➤ Single or couple sessions (60, 90 min) 	110, 160

Cancellation Policy:

A fee of 50% of the treatment cost is applied to all cancellations taking place within 24 hours of the scheduled appointment. IV therapy appointments may be canceled without penalty up until 8am on the day the IV is scheduled.

No Show Policy:

- 1. Existing Patients:** Failure to show up for an appointment on more than one occasion will result in 50% of the appointment fee being charged. Recurring situations will lead to 100% charge being applied.
- 2. New Patients:** Upon making your initial appointment, you will be asked to provide a credit card number. Fifty dollars (\$50) will be charged to the card ONLY in the event you fail to show for the initial appointment.